

Clarum decus ieiunii
The Glory of These Forty Days

Maurice F. Bell / DEO GRACIAS



1. The glo - ry of these for - ty days we cel - e -
2. A - lone and fast - ing Mo - ses saw the lov - ing
3. So Dan - iel trained his mys - tic sight, de - liv - ered
4. Then grant us, Lord, like them to be by prayer and
5. We praise the Fa - ther and the Son, the Spir - it



1. brate with songs of praise; for Christ, by whom all
2. God who gave the law; and to E - li - jah,
3. from the li - on's might; and John, the Sa - viour's
4. fast from sin set free; our spir - its strength - en
5. with them, ev - er One, our God in three - fold



1. things were made, him - self has fast - ed and has prayed.
2. fast - ing, came the steeds and char - i - ots of flame.
3. friend be - came the her - ald of Mes - si - ah's name.
4. with your grace, and give us joy to see your face.
5. Name a - dored, from age to age the on - ly Lord.

Inspiration: "Clarum decus ieiunii"; ascribed to Pope Saint Gregory the Great, ca. 540-604.
Lyrics: 88.88; Maurice Frederick Bell, 1862-1947, from "The English Hymnal", 1906.
Music: DEO GRACIAS (aka AGINCOURT); adapted from "The Agincourt Song", 15th cent. English melody.